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Appendix 1 Search strategies

- 1a. MEDLINE search strategy Database: Ovid MEDLINE(R)
- 1 exp Polycystic Ovary Syndrome/
- 2 Polycystic Ovar\$.tw.
- 3 PCOS.tw.
- 4 PCOD.tw.
- 5 PCO.tw.
- 6 (stein-leventhal or leventhal).tw.
- 7 (ovar\$ adj (scelerocystic or polycystic or degeneration)).tw.
- 8 anovulat\$.ti,ab,sh,tw.
- 9 oligo ovulat\$.ti,ab,sh,tw.
- 10 or/1-9
- 11 randomized controlled trial.pt.
- 12 controlled clinical trial.pt.
- 13 randomly.ab,ti.
- 14 randomized.ab,ti.
- 15 (crossover or cross over).tw.
- 16 placebo.tw.
- 17 RCT.tw.
- 18 trial.ti.
- 19 clinical trials as topic.sh.
- 20 or/11-19
- 21 exp animals/ not humans.sh.
- 22 20 not 21
- 23 fertil\$.ti,ab,sh,tw.
- 24 infertil\$.ti,ab,sh,tw.
- 25 subfertil\$.ti,ab,sh,tw.
- 26 pregnan\$.ti,ab,sh,tw.
- 27 exp ovulation induction/ or exp superovulation/
- 28 (ovulat\$ adj2 induc\$).tw.
- 29 (ovar\$ adj2 stimulat\$).tw.
- 30 superovulat\$.tw.
- 31 or/23-30
- 32 10 and 22 and 31
- 1b. Embase search strategy Database: EMBASE.com

```
#1 'ovary polycystic disease'/exp OR 'stein leventhal syndrome'/exp
```

- #2 (polycystic NEAR/2 ovar*):de,ab,ti
- #3 pcos:de,ab,ti OR pcod:de,ab,ti OR pco:de,ab,ti
- #4 leventhal:de,ab,ti
- #5 (ovar* NEAR/2 (scelerocystic OR degeneration)):de,ab,ti
- #6 'anovulation'/exp
- #7 anovulat*:de,ab,ti
- #8 (oligo NEAR/2 ovulat*):de,ab,ti
- #9 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8
- #10 'randomized controlled trial'/exp
- #11 'controlled clinical trial'/exp
- #12 randomized:de,ab,ti
- #13 randomly:de,ab,ti
- #14 trial:ti
- #15 plecebo:de,ab,ti
- #16 rct:de,ab,ti
- #17 crossover:de,ab,ti OR (cross NEAR/1 over):de,ab,ti
- #18 'clinical trial' OR 'clinical trials':de
- #19 #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18
- #20 #19 AND [animals]/lim NOT [humans]/lim
- #21 #19 NOT #20
- #22'infertility'/exp OR 'fertility'/exp OR 'subfertility'/exp
- #23 infertil*:de,ab,ti OR subfertil*:de,ab,ti OR feril*:de,ab,ti
- #24 pregnan*:de,ab,ti
- #25 'pregnancy'/exp
- #26 'ovulation induction'/exp OR 'superovulation'/exp
- #27 (ovulat* NEAR/2 induc*):de,ab,ti
- #28 (ovar* NEAR/2 stimulat*):de,ab,ti
- #29 superovulat*:de,ab,ti
- #30 #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29
- #31 #9 AND #21 AND #30

1c. Database: EBM Reviews - Cochrane Central Register of Controlled Trials

- #1 [mh "Polycystic Ovary Syndrome"]
- #2 (polycystic near ovar*):kw,ab,ti
- #3 pcos:kw,ab,ti or pcod:kw,ab,ti or pco:kw,ab,ti
- #4 leventhal:kw,ab,ti
- #5 (ovar* near (scelerocystic or degeneration)):kw,ab,ti
- #6 anovulat*:kw,ab,ti
- #7 oligo near ovulat*:kw,ab,ti
- #8 [mh anovulation]
- #9 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8
- #10 randomized controlled trial:pt
- #11 controlled clinical trial:pt

- #12 plecebo:kw,ti,ab
- #13 randomly:kw,ti,ab
- #14 RCT:kw,ti,ab
- #15 trial:ti
- #16 crossover:kw,ti,ab or (cross next over):kw,ti,ab
- #17 #10 or #11 or #12 or #13 or #14 or #15 or #16
- #18 [mh infertility]
- #19 [mh fertility]
- #20 [mh pregnancy]
- #21 infertil*:kw,ti,ab
- #22 fertil*:kw,ti,ab
- #23 subfertil*:kw,ti,ab
- #24 pregnan*:kw,ti,ab
- #25 [mh "Ovulation Induction"] or [mh superovulation]
- #26 ovulat* near induc*:kw,ti,ab
- #27 ovar* near stimulat*:kw,ti,ab
- #28 superovulat*:kw,ti,ab
- #29 #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25 or #26 or #27 or #28
- #30 #9 and #17 and #29

Appendix 2 Characteristics of included studies

Study	Interventio ns	Age (mean)	BMI (mean)	DOI (mean years)	Inclusion criteria	Samp le Size	Previous Treatment	Country	Setting	Maxim um of treatm ent cycles	IUI or TI
Abuelghar 2013 ¹	CC MF+CC	28.4 27.6	28.1 28.6	2.8 3.2	Overweight and obese infertile women with PCOS (Rotterdam criteria)	66	unknown	Egypt	single- centre	1	TI
Amer 2009 ²	CC LOD	29.1 28.1	26.1 26.2	1.8 2.1	PCOS (at least 2 of the following 3 features: clinical [oligo/amenorrhoea and/or Hyperandrogenaemia], biochemical [LH≥10 IU/I, LH/FSH ratio ≥2, testosterone>2.6 nmol/I or free androgen index (FAI) >5] and/or sonographic (polycystic ovaries) features.)	72	naive	UK	single- centre	6	TI
Amer 2015 ³	CC LET	NA	NA	NA	anovulatory women with PCOS	159	naive	UK	single- centre	7	TI
Atay 2006 ⁴	CC LET	26.2 27.1	25.8 26.1	2.4	Women with primary infertility and PCOS(oligo- or amenorrhoea and ovaries with at least 10 subcapsular cysts 2 – 10 mm in diameter	106	unknown	Turkey	N/A	1	TI

					and hyperechogenic stroma.)						
Ayaz 2013 ⁵	CC	31.3	NA^a	NA	PCOS (the presence of two of	42	unknown	Saudi	single-	6	TI
	MF+CC	32.0			the three following criteria:1.			Arabia	centre		
					Polycystic ovaries [either 12						
					or more peripheral follicles or						
					increased ovarian volume, >						
					10 cm ³]. 2. Oligo or						
					anovulation [irregular cycles,						
					amenorrhea]. 3. Clinical						
					and/or biochemical signs of						
					hyperandrogenism [Acne,						
					hirsutism, voice changes, and						
					Clitoromegaly].)						
Aygen 2007 ⁶	CC	23.4	27.6	4.2	Infertility and PCOS	10	unknown	Turkey	single-	6	TI
	LET	26.8	26.9	5.8	(Rotterdam criteria)				centre		
Badawy 2009 ⁷	CC	29.3	27.1	NA	Infertile women with PCOS	438	unknown	Egypt	multi-	>1	TI
	LET	27.1	28.1		(Rotterdam criteria)				centre		
Badawy 2011 ⁸	CC	25.8	29.9	1.5	PCOS (Rotterdam criteria)	371	unknown	Egypt	multi-	1	TI
	TAM	26.2	30.5	1.4					centre		
Basirat 2012 ⁹	CC	25.3	25.4	2.7	Infertile PCOS (Rotterdam	334	unknown	Iran	multi-	3	IUI
	MF+CC	24.9	26.3	2.4	criteria)				centre		
Bayar 2006 ¹⁰	CC	30.6	NA	3	anovulatory PCOS (Rotterdam	80	naive	Turkey	single-	>1	TI
	LET	32.2		5	criteria)				centre		
Beigi 2006 ¹¹	CC	NA	NA	NA	PCOS based on a history of	70	unknown	Iran	single-	6	TI
	MF				hyperandrogenism,				centre		
					anovulation, oligomenorrhea						

					or amenorrhea, diagnostic ultrasound and laboratory findings						
Boonstanfar	CC	26.5	30.2	3.7	anovulatory women with	95	naive	USA	single-	>1	TI
200112	TAM	26.6	30.9	3.5	infertility				centre		
Boudhraa	CC	30.7	29.8	2.5 ^b	PCOS (Rotterdam criteria)	63	unknown	Tunis	single-	3-6	TI
2010 ¹³	MF+CC	30.6	30.0		with subfertility				centre		
Cudmore	CC	24.6	NA	NA	A diagnosis of secondary	22	unknown	Canada	single-	3	TI
196614	PB	24.6			amenorrhea of at least 2				centre		
					year's duration; persistent						
					oligomenorrhea with no more						
					than 4 periods in 1 year; or						
					anovulatory infertility						
					(infertility of more than 2						
					years' duration in which						
					anovulation was the only						
					cause found)						
Dasari 2009 ¹⁵	CC	NA ^c	NA ^d	NA	Infertile PCOS (Rotterdam	40	unknown	India	single-	6	TI
	MF+CC				criteria)				centre		
Dehbashi	CC	24.3	27.1	2.3	PCOS (Rotterdam criteria)	100	naive	Iran	single-	1	TI
2009 ¹⁶	LET	23.6	27.5	2.0					centre		
El-Biely 2001 ¹⁷	СС	25.7	27.4	4.7	Infertile obese patients with	90	unknown	Egypt	single-	6	TI
	MF+CC	26.4	28.7	4.5	PCOS (oligomenorrhoea,				centre		
					ultrasound findings of ≥ 10						
					ovarian cysts measuring 2-						
					8mm around a dense stroma)						

Fleming 2002 ¹⁸	MF	28.6	34.2	NA	Women with oligomenorrhea	42	naive	UK	single-	4	TI
	PB	29.2	35.0		or amenorrhea and PCO				centre		
Garcia 1985 ¹⁹	CC	27.6 ^e	NA	NA	Anovulatory infertile women	49	unknown	USA	single-	5	TI
	PB								centre		
Homburg	CC	29.4	25.7	2.1	anovulatory or oligo-	302	naive	Netherlan	multi-	3	TI/IU
2012 ²⁰	FSH	29.8	25.1	2.1	ovulatory infertile women			ds, UK,	centre		1
					with PCOS (Rotterdam			Malta,			
					criteria)			Belgium,			
								Argentina			
								Colombia			
Jahan 2015 ²¹	CC	NA	NA	NA	PCOS	460	naive	Banglades	single-	6	TI
	LET							h	centre		
	MF										
Johnson 1966 ²²	СС	NA	NA	NA	Anovulatory women	65	mixed	USA	single-	1	TI
	PB								centre		
Johnson	MF	29.5	38.0	3.3(2.4	anovulatory or oligo-	65	mixed	New	multi-	6	TI
2010A ²³	PB	29.2	37.6	-5.9) ^f	ovulatory women with PCOS			Zealand	centre		
				3.4(2-	(Rotterdam criteria), BMI>32						
				5) ^f	kg/m ²						
Johnson	CC	28.2	26.2	2(1-3) ^f	anovulatory or oligo-	106	mixed	New	multi-	6	TI
2010B ²³	MF	28.9	26.5	1.5(1-	ovulatory women with PCOS			Zealand	centre		
	MF+CC	29.2	26.9	4) ^f	(Rotterdam criteria), BMI≤32						
				2(1.5-	kg/m ²						
				5) ^f	-						
Kar 2012 ²⁴	CC	26.3	26.0	3.1	infertile PCOS (Rotterdam	103	naive	India	single-	1	TI/IU

Kar 2015 ²⁵	CC	25.8	26.5	2.8	PCOS (Rotterdam criteria),	105	naive	India	single-	6	TI
	MF	25.2	24.5	1.7	with the primary complaints				centre		
	MF+CC	26.6	27.2	2.5	of infertility and						
					oligomenorrhea						
Karimzadeh	MF	27.2	28.8	5.6	PCOS (Rotterdam criteria)	200	unknown	Iran	single-	3	TI
2007 ²⁶	PB	28.6	29.5	6.2					centre		
Karimzadeh	CC	27.5	27.2	4.1	infertile PCOS (Rotterdam	268	unknown	Iran	single-	6	TI
2010 ²⁷	MF	27.3	27.2	3.9	criteria)				centre		
	MF+CC	27.3	28.0	4.6							
Keikha 2011 ²⁸	CC	27.1	NA	2.9	infertile PCOS	116	naive	Iran	single-	1	TI
	LET	27.6		3.0					centre		
Khorram 2006 ²⁹	CC	28.0	38.8	NA	PCOS (anovulatory or oligo-	31	naive	USA	single-	1	TI
	MF+CC	28.4	35.3		ovulatory				centre		
					cycles, polycystic ovaries on a						
					baseline ultrasound,						
					hyperandrogenism) and						
					infertility						
Leanza 2014 ³⁰	CC	26-34 ^g	NA	NA	PCOS (typical ultrasound	56	naive	Italy	single-	3	IUI
	MF+CC				situation,				centre		
					oligomenorrhea/amenorrhea,						
					hyperandrogenism) with						
					above 3 years of infertility,						
					BMI>27.5						
Legro 2007 ³¹	CC	27.9	36.0	3.5	infertile women PCOS	626	mixed	USA	multi-	6	TI
	MF	28.1	35.6	3.3	(oligomenorrhea				centre		
	MF+CC	28.3	34.2	3.4	and hyperandrogenemia)						

Legro 2014 ³²	CC	28.8	35.1	3.5	infertile women PCOS	750	mixed	USA	multi-	5	TI
	LET	28.9	35.2	3.4	(Rotterdam criteria)				centre		
Liu 2015 ³³	CC	NA	NA	NA	PCOS patients who have	134	unknown	China	single-	>1	TI
	LET				conception desire				centre		
López 2004 ³⁴	CC	29(23-	22.3	3(1-8) ^f	anovulatory infertility due to	76	naive	Spain	single-	3	TI
	FSH	38) ^f	21.9	3(1-8) ^f	PCOS (Rotterdam criteria)				centre		
		30(22-									
		39) ^f									
Lord 2006 ³⁵	MF	27.8	33.7	NA	PCOS (anovulation and a	44	unknown	UK	single-	3	TI
	РВ	30.6	36.4		raised free				centre		
					androgen index (FAI) >5.0)						
Lorzadeh	CC	26.1	25.4	NA	PCOS (based on the chronic	100	unknown	Iran	single-	>1	TI
2011 ³⁶	LET	28.2	24.2		anovulation and clinical/lab-				centre		
					based hyperandrogenism),						
					age <35, No successful						
					pregnancy after one year of						
					weekly (2-3 times) sexual						
					contact without						
					contraception.						
Maged 2015 ³⁷	CC	26.0	27.3	2.8	PCOS (Rotterdam criteria)	80	unknown	Egypt	single-	3	TI
	MF+CC	25.8	27.7	2.8					centre		
Mobusher	CC	24.3	25.9	3.1	PCOS (Rotterdam criteria) and	100	naive	Pakistan	single-	1	TI
2014 ³⁸	LET	24.3	25.9	3.2	infertility				centre		
Moll 2006 ³⁹	CC	28.4	27.8	1.3	PCOS (Rotterdam criteria), all	225	naive	Netherlan	multi-	6	TI
	MF+CC	27.9	28.5	1.6	women with chronic			ds	centre		
					anovulation and polycystic						

					ovaries diagnosed by transvaginal ultrasonography						
Nazik 2012 ⁴⁰	CC	27.8	25.9	4.4	PCOS (Rotterdam criteria)	64	naive	Turkey	single-	>1	TI
	LET	25.6	24.7	3.4					centre		
Palomba 2005 ⁴¹	CC	25.9	26.7	1.7	primary infertile anovulatory	100	naive	Italy	single-	6	TI
	MF	26.4	27.0	1.6	women with PCOS (NIH criteria)				centre		
Raja 2005 ⁴²	CC	26.9	NA	4.9	Infertility and PCOS (the	100	unknown	Pakistan	single-	6	TI
	MF+CC	26.5		4.2	presence of polycystic ovaries				centre		
					on ultrasonography with two or more of the following						
					criteria: Oligomenorrhoea [<6						
					cycles in preceding year);						
					hirsutism; hyperandrogenism;						
					Elevated LH or LH: FSH >2])						
Ray 2012 ⁴³	CC	29(20-	28.5(24.	2.4	Infertile PCOS (Rotterdam	147	unknown	India	single-	>1	TI
	LET	35) ^f	2-33.6) ^f	2.2	criteria)				centre		
		28(19-	28.8(23.								
		35) ^f	2-34.6) ^f								
Robinson	CC	NA	NA	NA	Women with a one-year	48	unknown	USA	single-	6	TI
200344	MF+CC				history of infertility and				centre		
					diagnosed with						
					hyperandrogenic						
					oligoovulatory or anovulatory						
					cycles as the						
					sole etiology for their						

					infertility						
Roy 2012 ⁴⁵	CC	26.5	25.4	5.8	infertility and anovulatory	212	unknown	India	single-	3	TI
	LET	26.1	25.8	6.4	PCOS (Rotterdam criteria),				centre		
					BMI<28						
Sahin 2004 ⁴⁶	CC	24.5(19	25.7(23.	3.5(1-	Primary infertility and PCOS	21	unknown	Turkey	single-	6	TI
	MF+CC	-28) ^f	1-35.7) ^f	8) ^f	(on the basis of three or more				centre		
		27(21-	30.4(24.	5(2-	of the following criteria:						
		31) ^f	6-33.9) ^f	10) ^f	polycystic ovaries on pelvic						
					ultrasound examination,						
					oligo/amenorrhoea,						
					hirsutism,						
					hyperandrogenaemia (total						
					testosterone > 80 ng/dl						
					and/or free testosterone >						
					3.18 pg/ml)) and elevated						
					serum LH:FSH ratio (LH:FSH >						
					2))						
Santonocito	CC	27.4	27.1	1.7	infertility and anovulatory	36	unknown	Italy	single-	6	TI
2009 ⁴⁷	MF	28.1	26.8	1.6	PCOS (Rotterdam criteria),				centre		
					BMI< 30 kg/m ²						
Selim 2012 ⁴⁸	CC	25.1	23.8	2.6	Infertile women with PCOS	220	naive	Egypt	single-	1	TI
	LET	26.0	24.4	2.9	(Rotterdam criteria)				centre		
Seyedoshohada	CC	24.7	NA	3.0	non-PCOS anovulatory	150	unknown	Iran	single-	6	TI
ei 2012 ⁴⁹	LET	26.9		4.1	infertility, and ovary without				centre		
	TAM	25.4		3.0	evidence of polycystic ovaries						
Sharief 2015 ⁵⁰	CC	25.3	27.8	2.3	primary infertility and	75	unknown	Iraq	single-	6	TI

	LET	26.1	28.1	2.4	anovulation due to				centre		
	L L 1	20.1	20.1	2.1	PCOS (ultrasonographic				centre		
					polycystic ovaries plus one or						
					more of the following:						
					oligomenorrhoea, positive						
					progesterone, withdrawal						
					bleeding, hirsutism/acne,						
					obesity, and Luteinizing						
					hormone/Follicle-stimulating						
					hormone (LH/FSH) ratio >2						
					or raised circulating						
					· ·						
					androgen, normal thyroid stimulating hormone)						
Sh-El-Arab	CC	25.0	29.2	NA		124	unknown		single	1	TI
				NA	Nulliparous PCOS (Rotterdam	124	unknown	Egypt	single-	1	11
Elsedeek 2011 ⁵¹	LET	25.0	27.7		criteria), BMI ≤35				centre		
Tang 2006 ⁵²	MF	29.7	37.6	4.5	anovulatory PCOS (polycystic	143	naive	UK	multi-	6	TI
	PB	29.8	38.9	4.9	ovaries on transvaginal scan,				centre		
					together with either						
					oligomenorrhoea or						
					amenorrhoea) and a BMI						
					of >30,						
Vegetti 1999 ⁵³	CC	NA	NA	NA	Infertility and	95	naive	Italy	single-	>1	TI
	TAM				normogonadotropic				centre		
					anovulation						
Williams 2009 ⁵⁴	CC	NA	NA	NA	women with PCOS who are	55	unknown	USA	N/A	6	TI

	MF+CC				attempting to conceive.						
Zain 2009 ⁵⁵	CC	29.6	32.9	2.9	PCOS (Rotterdam criteria)	124	naive	Malaysia	single-	6	TI
	MF	27.8	33.9	3.1					centre		
	MF+CC	29.3	33.0	3.3							
Zeinalzadeh	CC	23.1	NA	2.6	PCOS (based on	107	naive	Iran	single-	1	IUI
2010 ⁵⁶	LET	23.8		2.4	ultrasonography finding,				centre		
					oligomenorrhea and an						
					increased LH/FSH ratio (>3))						

(Abbreviations: CC, clomiphene citrate; PB, placebo or no treatment; LET, letrozole; MF, metformin; TAM, tamoxifen; FSH, follicle stimulating hormone; LOD, laparoscopic ovarian drilling; NA, not available; BMI, body mass index; DOI: Duration of infertility)

- a. The percentages of women with BMI>25 in CC and CC+MF group are 71.4% and 56.7%, respectively.
- b. The mean duration of infertility of all the participants (including both groups).
- c. The percentages of women with age >31, 26-30 and 20-25 years are 8.3%, 41.7%, 50% in CC group and 18.8%, 43.8% and 37.5% in CC+MF group.
- d. The percentages of women with BMI >25 and BMI < 25 are 37.5% and 62.5%, respectively.
- e. in treatment group only
- f. median (range)
- g. range

Appendix 3 List of included studies

- 1. Abuelghar WM, Elkady OS, Khamees AA. Clomiphene citrate alone, in combination with metformin or in combination with pioglitazone as first line therapy in induction of ovulation in infertile women with polycystic ovary syndrome, a randomized controlled trial. Middle East Fertility Society Journal 2013;18(3):135-41
- 2. Amer S, Fakis A, Smith J, et al. Double blind cross-over randomized controlled trial comparing letrozole versus clomiphene citrate for ovulation induction in women with polycystic ovarian syndrome. Human Reproduction 2015;30:i96
- 3. Amer SA, Li TC, Metwally M, et al. Randomized controlled trial comparing laparoscopic ovarian diathermy with clomiphene citrate as a first-line method of ovulation induction in women with polycystic ovary syndrome. Human Reproduction 2009;**24**(1):219-25
- 4. Atay V, Cam C, Muhcu M, et al. Comparison of letrozole and clomiphene citrate in women with polycystic ovaries undergoing ovarian stimulation. Journal of international medical research 2006;**34**(1):73-6
- 5. Ayaz A, Alwan Y, Farooq MU. Metformin-clomiphene citrate vs. clomiphene citrate alone: Polycystic ovarian syndrome. Journal of human reproductive sciences 2013;**6**(1):15-18
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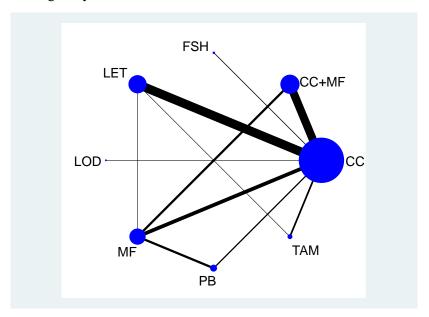
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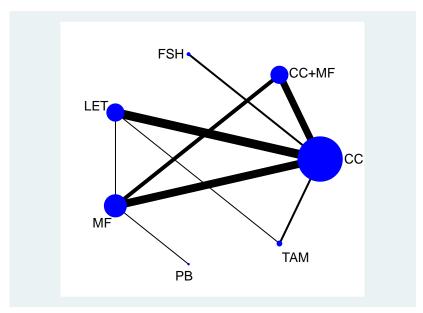
Appendix 5 (a-e) Network plots of eligible comparisons for five outcomes: pregnancy, live birth, ovulation, miscarriage and multiple pregnancy.

The width of the lines is proportional to the number of trials comparing each pair of treatments, and the size of each node is proportional to the number of studies including the respective interventions. (Abbreviations: CC, clomiphene citrate; PB, placebo or no treatment; LET, letrozole; MF, metformin; TAM, tamoxifen; FSH, follicle stimulating hormone; LOD, laparoscopic ovarian drilling)

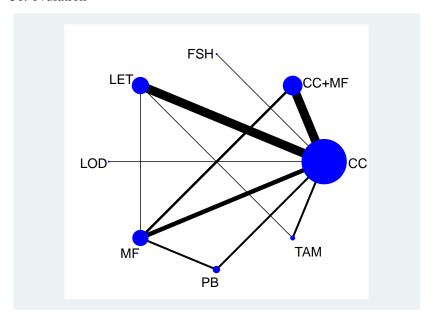
5a. Pregnancy



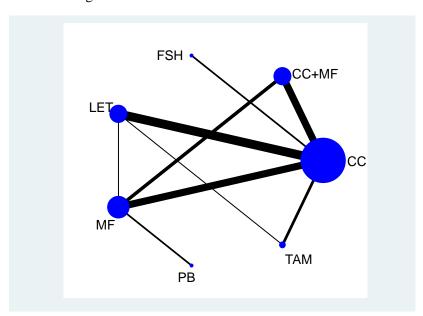
5b. live birth



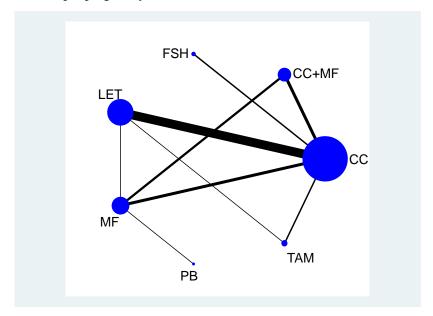
5c. ovulation



5d. miscarriage

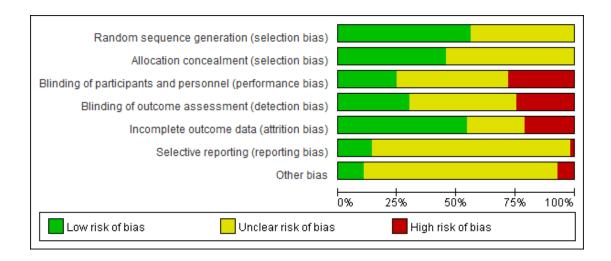


5e. multiple pregnancy



Appendix 6 Risk of bias evaluation.

6a. Risk of bias graph: review authors' judgments about each risk of bias item presented as percentages across all included studies.



6b. Risk of bias summary: review authors' judgments about each risk of bias item for each included study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance blas)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Abuelghar 2013	•	•	?	?	•	?	?
Amer 2009		•	•	•	•	•	•
Amer 2015 Atay 2006	?	?	?	?	?	?	?
Ayaz 2013	?	•	•	•	?	2	?
Aygen 2007	?	?	?	?	•	?	?
Badawy 2009	•	?	•	•	•	?	?
Badawy 2011	•	?	•	•	•	?	?
Basirat 2012	?	?	•	•	?	?	•
Bayar 2006	•	•	?	?	•	?	?
Beigi 2006	?	?	?	?	•	?	?
Boonstanfar 2001	•	•	•	•	•	?	?
Boudhraa 2010	?	?	?	?	?	•	?
Cudmore 1966	?	?	?	?	•	?	?
Dasari 2009	?	?	?	?	•	?	?
Dehbashi 2009	?	?	•	•	•	•	?
El-Biely 2001	•	?	?	?	?	?	?
Fleming 2002	2	•	•	9	•	?	• •
Garcia 1985 Homburg 2012	?	?	•	?	•	•	?
Jahan 2015	?	?	?	?	?	?	?
Johnson 1966	?	?	?	?	•	?	?
Johnson 2010A		•	•	•	•	•	•
Johnson 2010B	•	•	•	•	•	•	•
Kar 2012	•	•	•	•	•	?	?
Kar 2013	•	•	•	•	•	?	?
Karimzadeh 2007	•	•	•	•	?	?	?
Karimzadeh 2010	?	?	?	?	•	?	?
Keikha 2011	•	•	•	•	?	?	?
Khorram 2006	•	?	•	•	?	?	?
Leanza 2014	•	•	•	•	•	?	?
Legro 2007	•	•	•	•	•	•	•
Legro 2014	•	•	•	•	•	•	•
Liu 2015	?	?	?	?	?	?	?
López 2004	•	•	?	?	•	?	?
Lord 2006	•	•	•	•	?	?	?
Lorzadeh 2011	?	?	?	?	•	?	?
Maged 2015 Mobusher 2014	?	?	?	?	•	?	?
Modustier 2014 Moll 2006	•	•	•	•	•	•	?
Nazik 2012	•	?	•	•	?	?	•
Palomba 2005	•	•	•	•	•	?	?
Raja 2005	?	?	?	•	•	?	?
Ray 2012	?	?	•	•	•	?	?
Robinson 2003	?	?	?	?	?	?	?
Roy 2012	•	•	?	•	•	?	?
Sahin 2004	?	?	?	?	•	?	?
Santonocito 2009	?	?	?	?	•	?	?
Selim 2012	•	•	•	•	•	?	?
Seyedoshohadaei 2012	?	?	•	?	•	?	?
Sharief 2015	?	?	?	?	•	?	?
Sh-El-Arab Elsedeek 2011	•	?	?	•	•	?	?
Tang 2006		•	•	•	•	?	?
Vegetti 1999	2	•	•	•	2	?	?
Williams 2009 Zain 2009	?	?	?	?	?	?	?
Zain 2009 Zeinalzadeh 2010	H	?	?	?	•	?	?
Zemanauen 2010	<u> </u>	_			_		_

Appendix 7 Pairwise meta-analysis results for direct comparisons of interventions

Appendix / Pairwise mo			Pairwise meta-	No. of	No. of	Heterogeneity		
_			analysis odds ratio	trials	participants	\mathbf{I}^2		
			(95% CI)					
Pregnancy								
PB	vs	CC	0.20(0.05-0.74)	3	136	0%		
LET			1.53(1.26-1.85)	21	3553	24.3%		
MF			1.10(0.62-1.95)	9	1335	73.1%		
CC+MF			1.56(1.24-1.97)	19	2070	12.2%		
TAM			0.64(0.36-1.12)	4	661	43.7%		
FSH			1.57(1.04-2.37)	2	378	0%		
LOD			0.52(0.19-1.44)	1	72	N/A		
MF	vs	PB	3.58(2.06-6.21)	5	494	0%		
MF	vs	LET	0.73(0.41-1.32)	1	304	N/A		
TAM			0.67(0.30-1.47)	1	100	N/A		
CC+MF	vs	MF	1.92(0.90-4.06)	5	818	71.8%		
Live birt	Live birth							
LET	vs	CC	1.60(1.30-1.98)	9	1990	0%		
MF			1.00(0.45-2.22)	8	1155	80.9%		
CC+MF			1.14(0.81-1.61)	7	950	12.4%		
TAM			0.96(0.26-3.55)	2	195	35.3%		
FSH			1.50(0.98-2.29)	2	378	0%		
MF	vs	PB	2.87(0.51-16.02)	1	65	N/A		
MF	vs	LET	0.38(0.19-0.78)	1	304	N/A		
TAM			0.71(0.32-1.60)	1	100	N/A		
CC+MF	vs	MF	2.48(1.24-4.95)	4	640	51.1%		
Ovulatio	n (pe	er woma	n randomised)					
PB	vs	CC	0.15(0.07-0.34)	3	136	0%		
LET			1.89(1.55-2.30)	14	2568	8.8%		
MF			0.62(0.32-1.22)	7	1119	82.9%		
CC+MF			1.46(1.01-2.12)	14	1407	54.5%		
TAM			0.61(0.43-0.86)	3	566	0%		
FSH			3.11(0.76-12.79)	1	76	N/A		
LOD			0.70(0.27-1.83)	1	72	N/A		
MF	vs	PB	3.63(0.45-29.35)	3	309	92.9%		
MF	vs	LET	0.14(0.09-0.24)	1	304	N/A		
TAM			0.75(0.31-1.78)	1	100	N/A		
CC+MF	vs	MF	3.20(1.85-5.52)	4	640	44.4%		
Multiple pregnancy (per woman randomised)								
LET	vs	CC	0.45(0.22-0.91)	12	2460	0%		
MF			0.22(0.05-0.96)	4	976	0%		
CC+MF			0.57(0.19-1.74)	4	892	0%		
TAM			0.48(0.06-3.76)	2	471	0%		

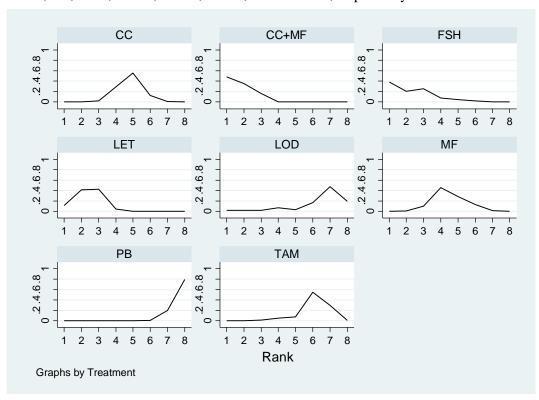
FSH			3.62(0.58-22.80)	2	378	0%				
MF	vs	PB	0.33(0.01-8.49)	1	65	N/A				
MF	vs	LET	0.20(0.01-4.15)	1	304	N/A				
TAM			3.06(0.12-76.95)	1	100	N/A				
CC+MF	vs	MF	2.36(0.42-12.39)	4	665	0%				
Miscarriage (per woman randomised)										
LET	vs	CC	1.00(0.62-1.62)	10	2302	10.6%				
MF			0.76(0.32-1.82)	8	1155	29.1%				
CC+MF			1.38(0.85-2.24)	8	991	0%				
TAM			0.56(0.19-1.68)	3	566	23.4%				
FSH			1.44(0.57-3.63)	2	378	0%				
MF	vs	PB	1.02(0.28-3.73)	2	265	0%				
MF	vs	LET	0.33(0.13-8.20)	1	304	N/A				
TAM			0.73(0.16-3.46)	1	100	N/A				
CC+MF	vs	MF	1.37(0.66-2.87)	4	640	10.9%				
Miscarriage (per pregnant woman)										
LET	vs	CC	0.79(0.52-1.21)	10	718	0%				
MF			0.70(0.19-2.63)	8	277	54.9%				
CC+MF			1.35(0.74-2.46)	8	384	0%				
TAM			0.83(0.31-2.19)	3	123	0%				
FSH			0.99(0.37-2.67)	2	164	0%				
MF	vs	PB	0.28(0.06-1.19)	2	63	0%				
MF	vs	LET	0.41(0.02-10.64)	1	55	N/A				
TAM			0.93(0.18-4.72)	1	45	N/A				
CC+MF	vs	MF	0.67(0.27-1.66)	4	174	0%				

(Abbreviations: CC, clomiphene citrate; PB, placebo or no treatment; LET, letrozole; MF, metformin; TAM, tamoxifen; FSH, follicle stimulating hormone; LOD, laparoscopic ovarian drilling)

An odds ratios < 1 favour the second intervention and an odds ratios > 1 favour the first intervention.

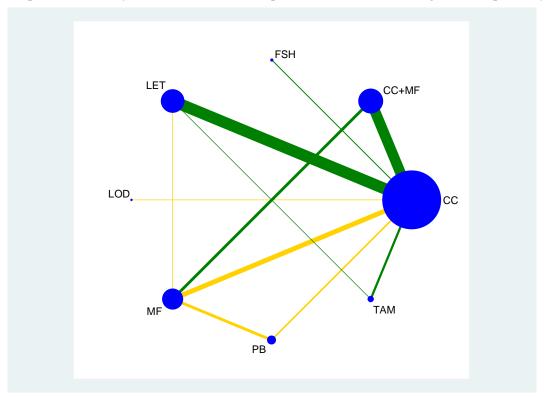
Appendix 8 Ranking of treatments for pregnancy

Rankograms below illustrate the probability per rank for each treatment in terms of pregnancy. E.g. for CC, the probabilities of being the best treatment, the second best, to the worst (eighth) are 0%, 0%, 2.4%, 29.0%, 55.5%, 12.3%, 0.8% and 0%, respectively.

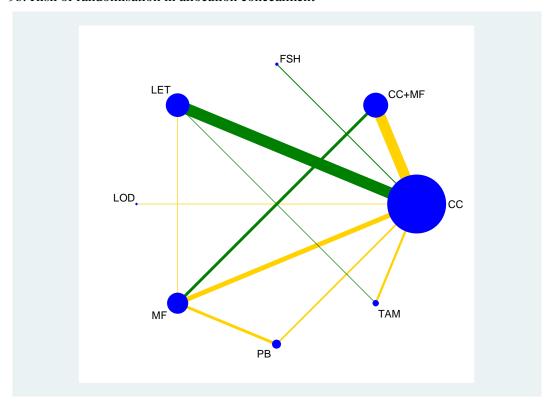


Appendix 9 Network plot for pregnancy incorporating risk of bias assessment 9a. Risk of bias in randomisation

Coloured edges are based on adequacy of randomisation in the majority of the trials in each comparison. Green, yellow and red colours represent low, unclear and high risk, respectively.

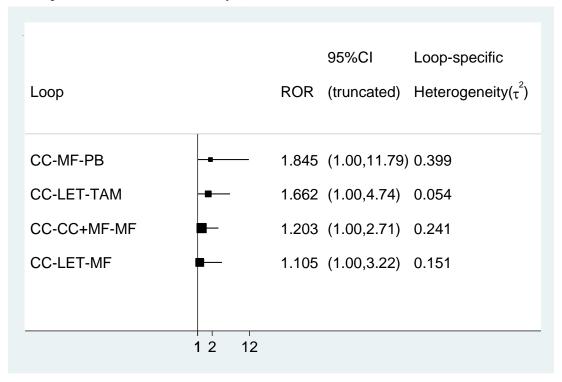


9b. Risk of randomisation in allocation concealment



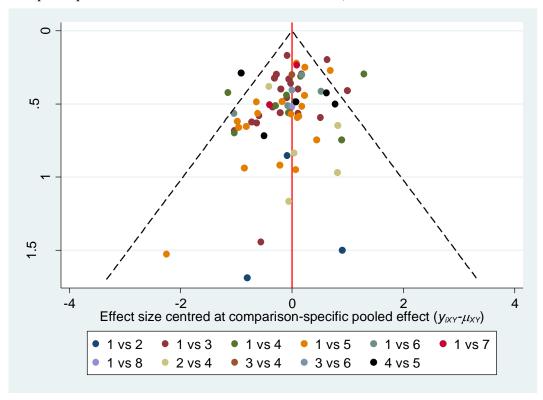
Appendix 10 Inconsistency plot for pregnancy

We estimated inconsistency as the logarithm of the ratio of two odds ratios (RoR) from direct and indirect evidence in the loop (also named inconsistency factor IF) and the corresponding 95% CI for each IF in each closed triangular or quadratic loop. RoR values is close to 1 mean that the two sources are in agreement. The inconsistency plot shows that in a total of 4 loops there is none with statistically significant inconsistency as all confidence intervals for RORs are compatible with zero inconsistency (RoR= 1).



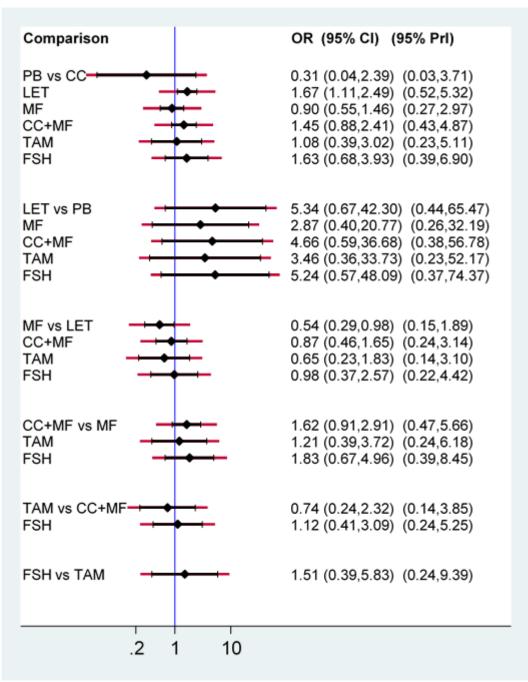
Appendix 11 Comparison-adjusted funnel plot for pregnancy

The red line represents the null hypothesis that the study-specific effect sizes do not differ from the respective comparison-specific pooled effect estimates. Different colors correspond to different comparisons. (1-clomiphene; 2-placebo/no treatment; 3-letrozole; 4-metformin; 5-clomiphene plus metformin; 6-tamoxifen; 7-FSH; 8-LOD)

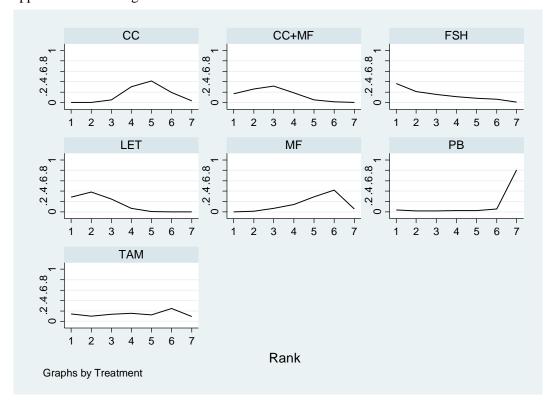


Appendix 12 Network meta-analysis results for live birth

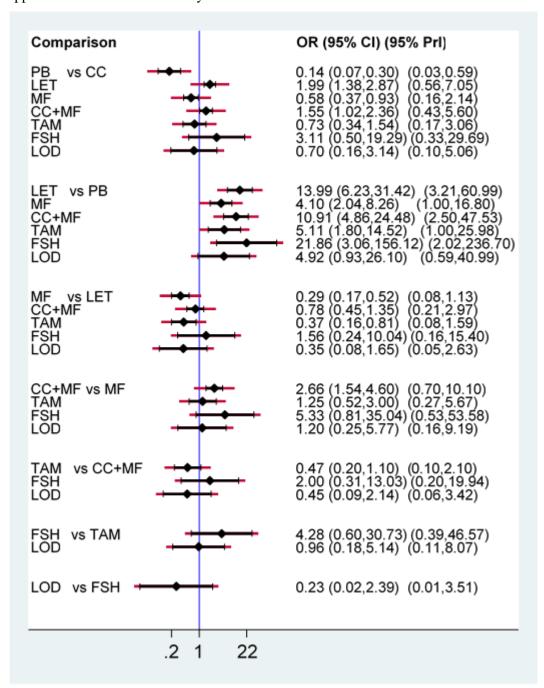
The diamond in each line represents the estimate summary odds ratios of each comparison. The black lines represent the confidence intervals for summary odds ratios for each comparison and the red lines (overall length of the lines) the respective predictive intervals. The blue line is the line of no effect (odds ratio equal to 1). An odds ratio >1 favours the first intervention and an odds ratio < 1 favours the second. (Abbreviations: OR, odds ratio; CI, confidence interval; PrI, predictive interval; CC, clomiphene citrate; PB, placebo or no treatment; LET, letrozole; MF, metformin; TAM, tamoxifen; FSH, follicle stimulating hormone; LOD, laparoscopic ovarian drilling)



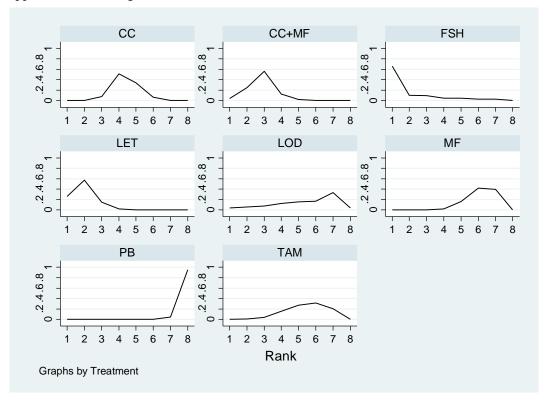
Appendix 13 Ranking of treatments for live birth



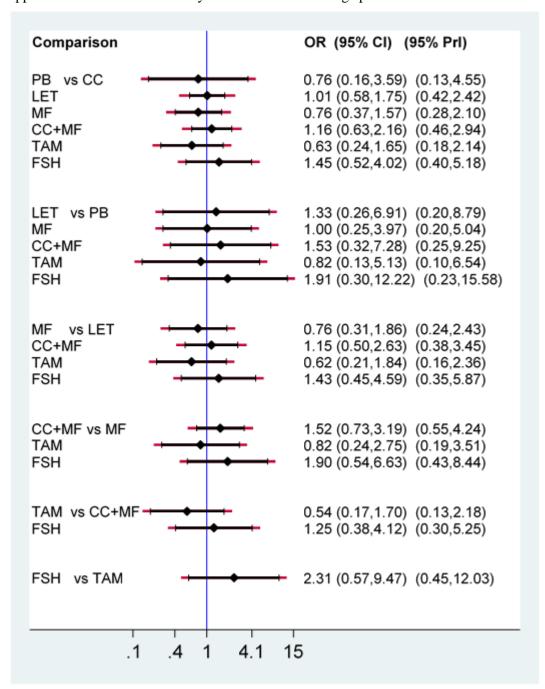
Appendix 14 Network meta-analysis results for ovulation



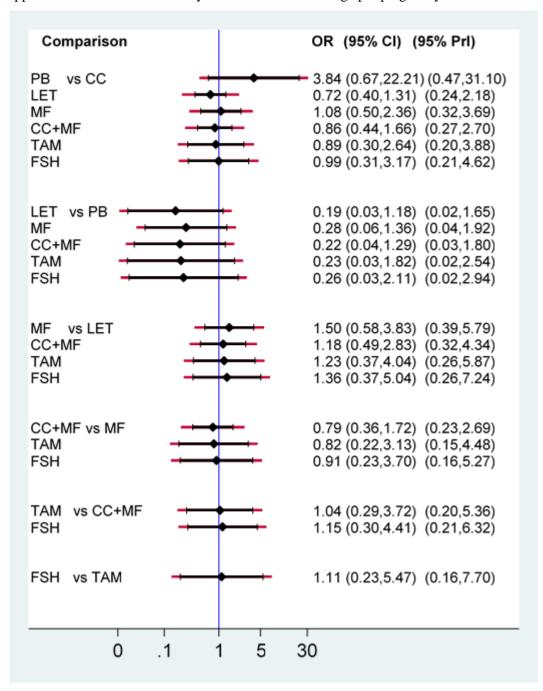
Appendix 15 Ranking of treatments for ovulation



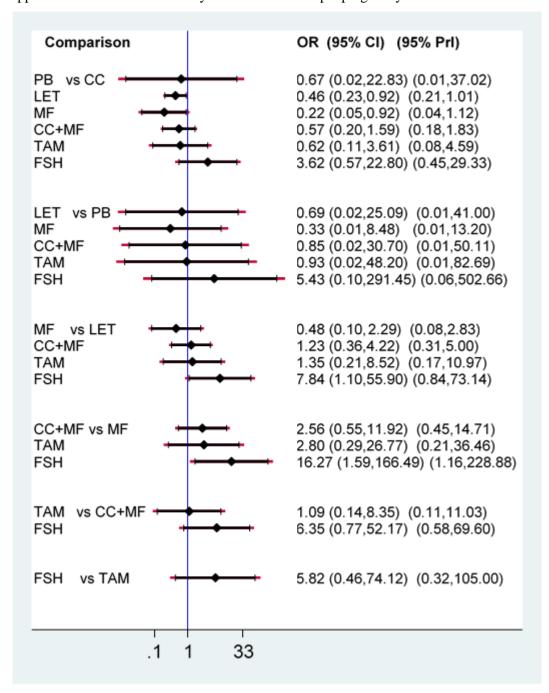
Appendix 16 Network meta-analysis results for miscarriage per woman randomised



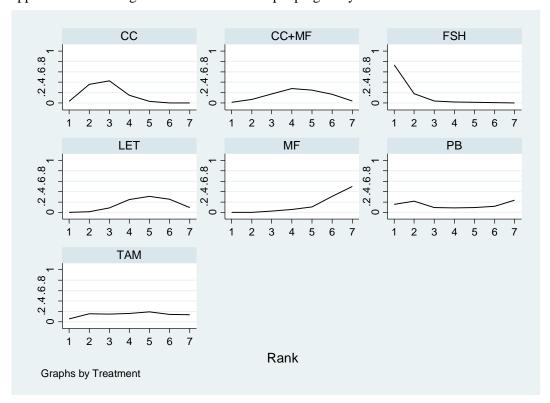
Appendix 17 Network meta-analysis results for miscarriage per pregnancy



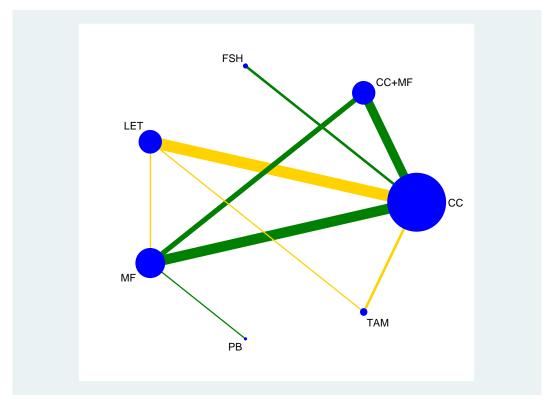
Appendix 18 Network meta-analysis results for multiple pregnancy



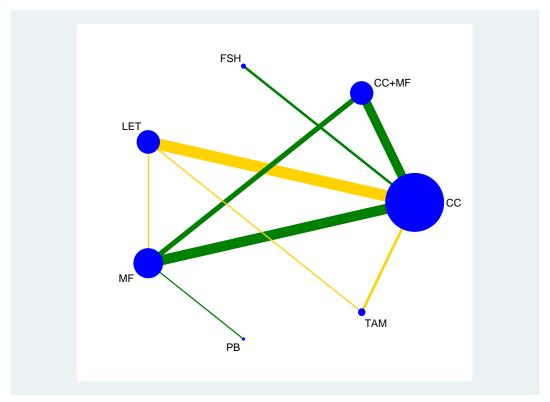
Appendix 19 Ranking of treatments for multiple pregnancy



Appendix 20 Network plot for live birth incorporating risk of bias assessment 20a. Risk of bias in randomisation

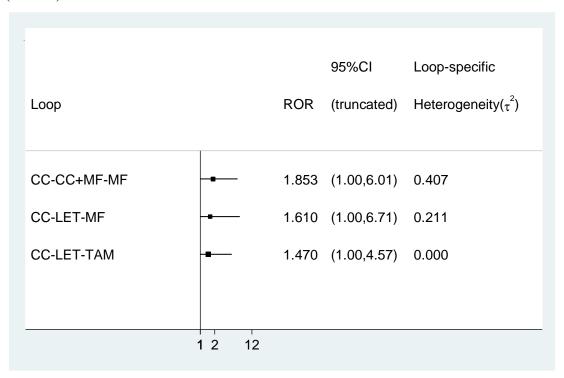


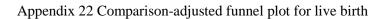
20b. Risk of bias in allocation concealment

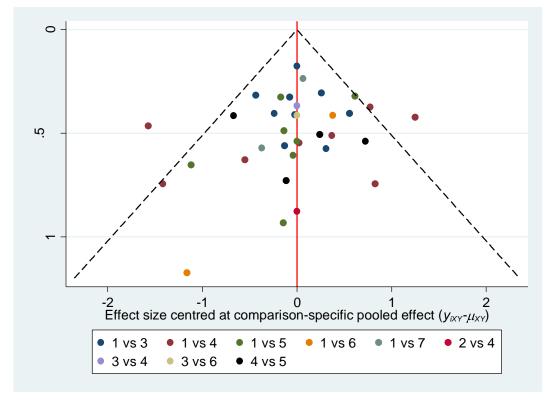


Appendix 21 Inconsistency plot for live birth.

The inconsistency plot shows that in a total of 3 loops there is none with statistically significant inconsistency as all confidence intervals for RORs are compatible with zero inconsistency (RoR= 1).

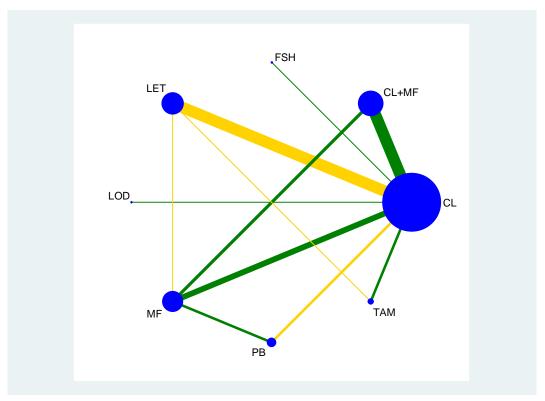




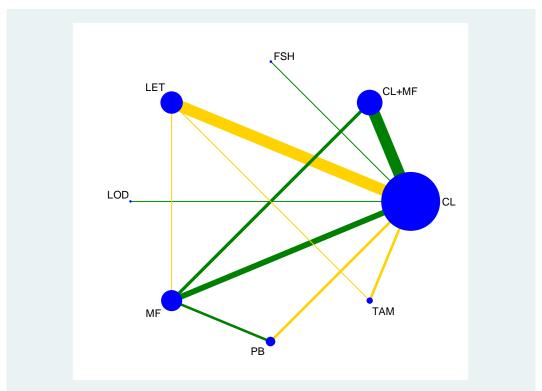


(1-clomiphene; 2-placebo/no treatment; 3-letrozole; 4-metformin; 5-clomiphene plus metformin; 6-tamoxifen; 7-FSH)

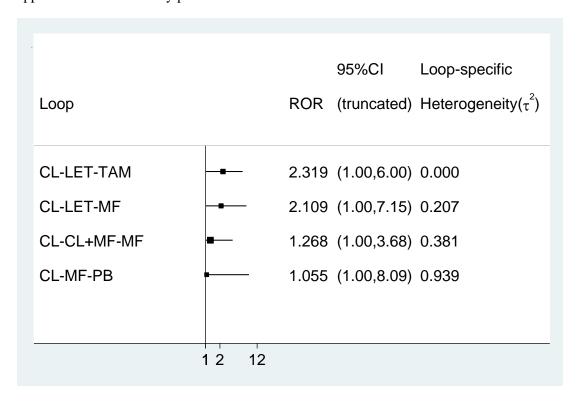
Appendix 23 Network plot for ovulation incorporating risk of bias assessment 23a. Risk of bias in randomisation

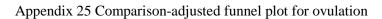


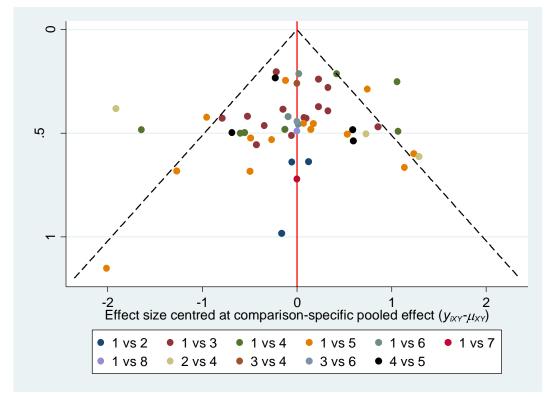
23b.. Risk of bias in allocation concealment



Appendix 24 Inconsistency plot for ovulation

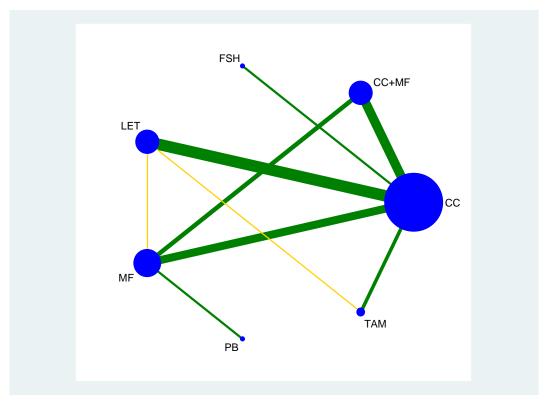




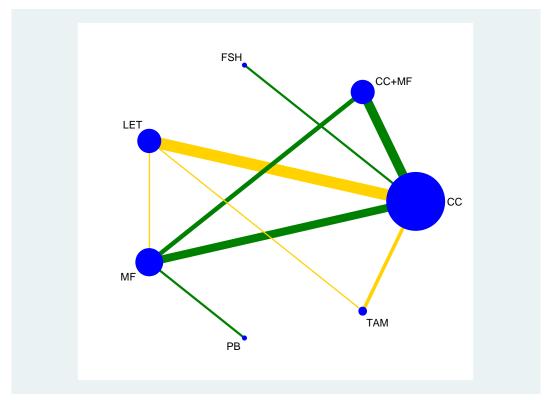


(1-clomiphene; 2-placebo/no treatment; 3-letrozole; 4-metformin; 5-clomiphene plus metformin; 6-tamoxifen; 7-FSH; 8-LOD)

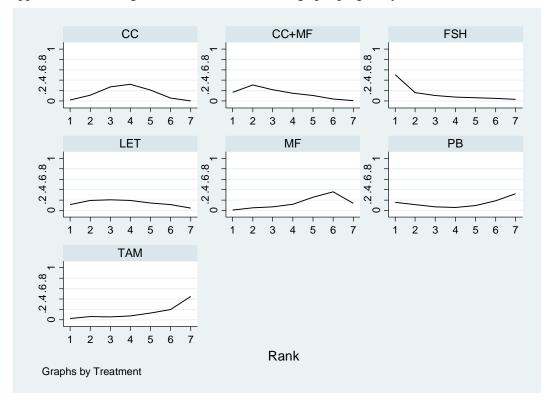
Appendix 26 Network plot for miscarriage incorporating risk of bias assessment 26a. Risk of bias in randomisation



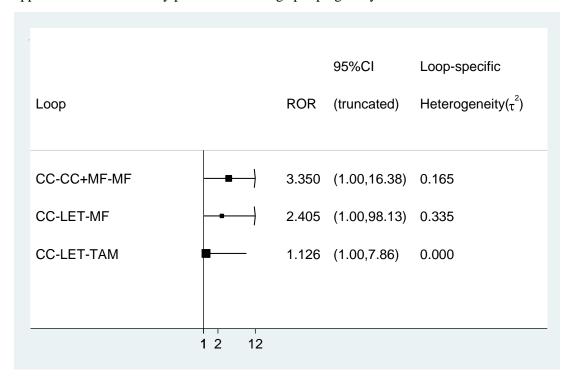
26b. Risk of bias in allocation concealment

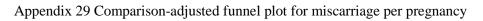


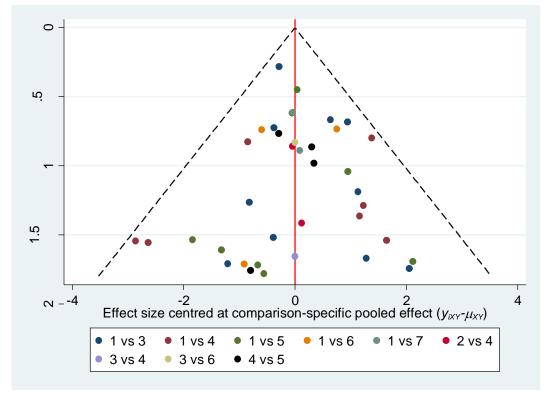
Appendix 27 Ranking of treatments for miscarriage per pregnancy



Appendix 28 Inconsistency plot for miscarriage per pregnancy

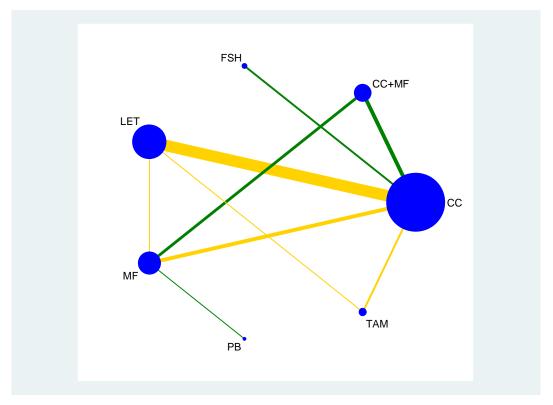




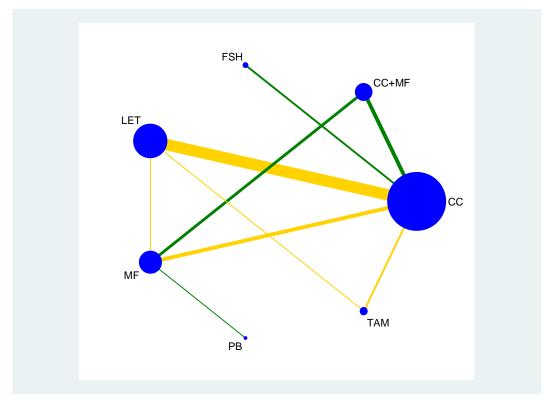


(1-clomiphene; 2-placebo/no treatment; 3-letrozole; 4-metformin; 5-clomiphene plus metformin; 6-tamoxifen; 7-FSH)

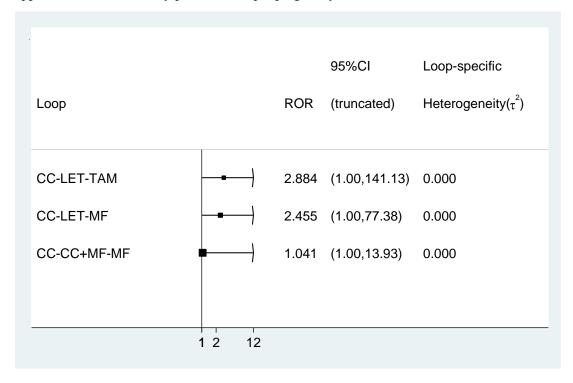
Appendix 30 Network plot for multiple pregnancy incorporating risk of bias assessment 30a. Risk of bias in randomisation

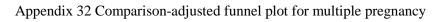


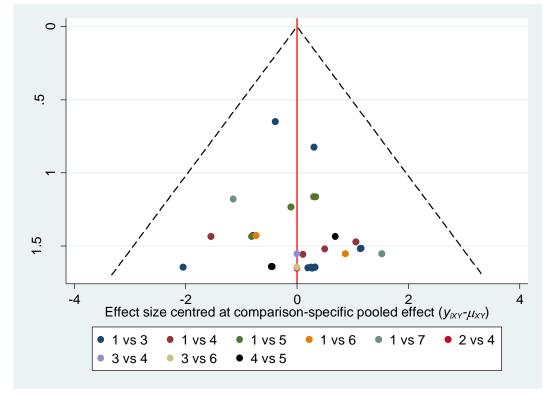
30b. Risk of bias in allocation concealment



Appendix 31 Inconsistency plot for multiple pregnancy

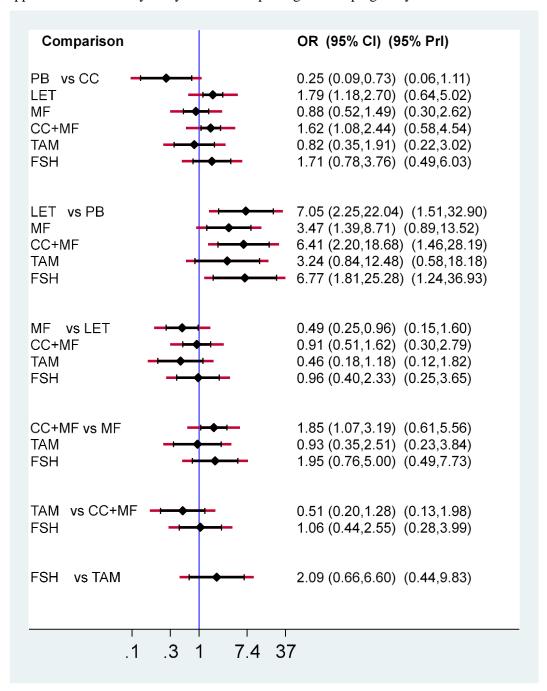




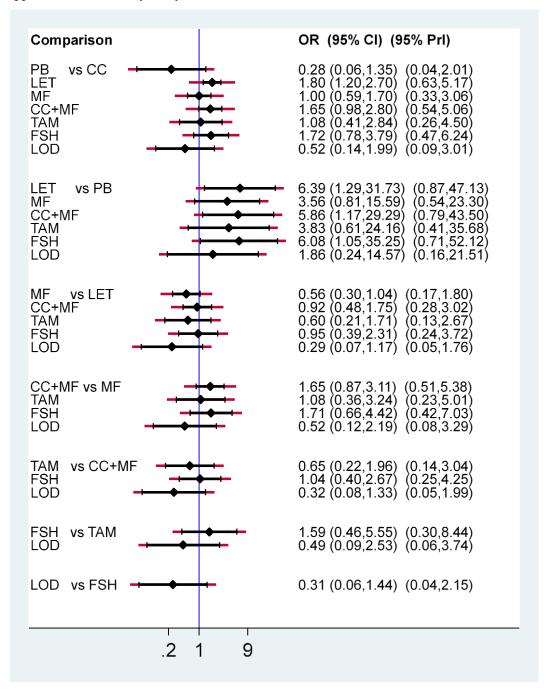


(1-clomiphene; 2-placebo/no treatment; 3-letrozole; 4-metformin; 5-clomiphene plus metformin; 6-tamoxifen; 7-FSH)

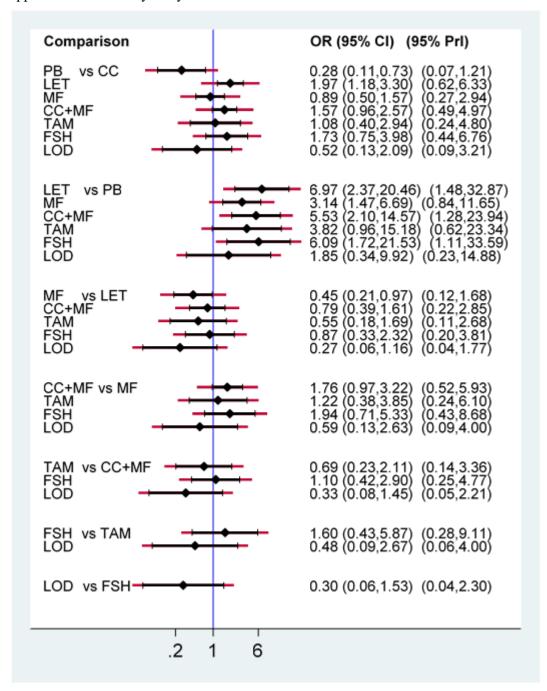
Appendix 33 Sensitivity analysis - RCTs reporting clinical pregnancy



Appendix 34 Sensitivity analysis - RCTs with treatment naïve women



Appendix 35 Sensitivity analysis - RCTs with low risk of randomisation & allocation bias



Appendix 36 Additional discussion

Side effects of the combination of clomiphene and metformin

We have summarised the side effects of the combination of clomiphene and metformin versus clomiphene alone (appendix 37 and 38). Of 19 studies comparing these two interventions, 11 studies reported data on side effects or discontinuation due to side effects. Three studies ¹⁻³ including 714 women reported the number of participants who discontinued treatment due to side effects. In a pairwise meta-analysis for this outcome, we found that more women in the combination group discontinued the treatment due to side effects than women in clomiphene group (OR 2.34, 95% CI 1.04 to 5.30, appendix 37). As the reporting strategies were diverse in different studies, we were not able to perform meta-analyses on overall side effects or any specific types of side effects. As shown in appendix 38, gastrointestinal side effects were more frequent in combined clomiphene-metformin group than clomiphene group.

Quality of evidence and interpretation of data

The overall quality of included studies was moderate in relation to the seven specific domains of the risk of bias assessment. Randomisation and allocation are fundamental requirements for a high quality randomised controlled trial and therefore we integrated these domains in the network plot (appendix 9, 20, 23, 26, 30). Although we excluded quasi-randomised studies in the current systematic review, half of the included randomised controlled trials did not report details of randomisation, and further clarity on this eluded us even after attempts to contact the authors. Specific information about allocation concealment was also unavailable in many of the trials. In multicentre randomised controlled trials with large sample sizes^{1 2 4 5}, the dropout rates in different interventions varied from 14% to 35%. Many studies with small sample sizes have relatively low or zero dropout rates. Additionally, these studies often claim to have undertaken an intention-to-treat analysis, but it is possible that the authors may have excluded dropouts in their analysis. It is difficult to distinguish those lost to follow up due to adverse events and those for other reasons. CONSORT⁶ strongly encourages to report a flow diagram of patient follow up, including reasons for dropouts, however, many included studies failed to do so.

In pairwise meta-analyses, the heterogeneity in comparisons of combined clomiphenemetformin versus clomiphene and letrozole versus clomiphene in all outcomes was low. Therefore, the results of these comparisons in network meta-analysis were robust. By contrast, there was significant heterogeneity in comparisons of clomiphene and metformin. Thus, the results of these comparisons should be interpreted with cautions.

In our network meta-analysis, predictive intervals were used to estimate the effect of a future study. When considering predictive intervals in our network meta-analysis, clomiphene, letrozole, metformin, clomiphene and metformin combined, and follicle stimulating hormone remained superior to placebo. These results indicate that in future studies, these active treatments would remain effective in comparison with placebo/no treatment. Of note, there

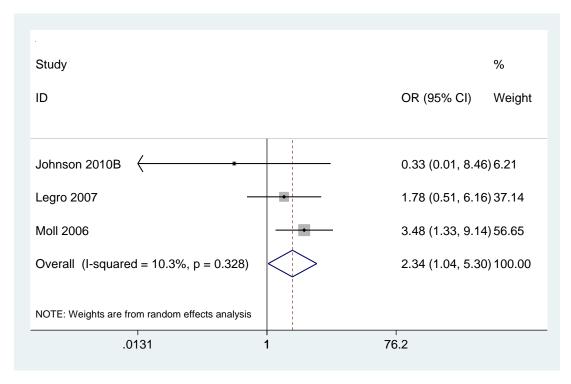
were significant differences between follicle stimulating hormone and metformin/letrozole in terms of multiple pregnancy. However, the wide confidence intervals suggest significant imprecision in the effect size.

According to the rankings, combined clomiphene-metformin, letrozole, and follicle stimulating hormone were the best interventions in terms of pregnancy, live birth and ovulation, while metformin and letrozole were the best interventions in terms of reducing multiple pregnancy rate.

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- 1. Legro RS, Barnhart HX, Schlaff WD, et al. Clomiphene, metformin, or both for infertility in the polycystic ovary syndrome. New England journal of medicine 2007;356(6):551-66.
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- 3. Johnson NP, Stewart AW, Falkiner J, et al. PCOSMIC: a multi-centre randomized trial in women with PolyCystic Ovary Syndrome evaluating Metformin for Infertility with Clomiphene. Human reproduction 2010;25(7):1675-83.
- 4. Legro RS, Brzyski RG, Diamond MP, et al. Letrozole versus clomiphene for infertility in the polycystic ovary syndrome. The New England journal of medicine 2014;**371**(2):119-29.
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- 6. Moher D, Schulz KF, Altman D, et al. The CONSORT statement: revised recommendations for improving the quality of reports of parallel-group randomized trials. Jama 2001;**285**(15):1987-91.

Appendix 37 Meta-analysis of clomiphene and metformin combined vs clomiphene alone for discontinuation due to side effects.



Boxes and horizontal lines represent ORs and 95% CIs of individual studies. The diamond represents the overall OR and 95% CI (Random-effect model). OR >1 means more women discontinue treatment due to side effect in combined clomiphene-metformin group than clomiphene group.

Appendix 38 Side effects of clomiphene and metformin combined versus clomiphene alone.

Study ID		CC group				CC+Metformin group			
	Women with side effects	Details of side effects	discontinuation due to side effects	Sample size	Women with side effect	Details of side effect	discontinuation due to side effects	Sample size	
Abuelghar 2013	6	Flushing: 4; gastrointestinal tract discomfort: 2	NA	32	11	Flushing: 2; gastrointestinal tract discomfort: 5; both: 1; diarrhoea: 3	NA	34	
Ayaz 2013	NA	NA	0	21	NA	60% had complained of loss of appetite, 18% had nausea & vomiting	0	21	
Basirat 2012	NA	No metformin related side effects.	NA	167	NA	No metformin related side effects.	NA	167	
Dasari 2009	NA	NA	0	24	NA	NAª	0	16	
Johnson 2010B	NA	Gastrointestinal symptoms: 5	1	36	NA	Gastrointestinal symptoms: 11; vasomotor: 1	0	35	
Legro 2007	NA	Diarrhoea: 48; dyspepsia: 9; flatulence: 38; nausea: 82; stomach discomfort: 8; vomiting: 28; decreased appetite: 17 ^b	4	209	NA	Diarrhoea: 126; dyspepsia: 14; flatulence: 30; nausea: 138; stomach discomfort: 16; vomiting: 72; decreased appetite: 33 b	7	209	
Maged 2015	1	Nausea: 1	NA	40	1	Drowsiness:1	NA	40	
Moll 2006	NA	NA	6	114	NA	NA	18	111	
Raja 2005	NA	NA	NA	50	6	nausea and diarrhoea: 6	NA	50	
Sahin 2004	NA	NA	0	10	NA	NA	0	11	
Zain 2009	NA	NA	0	41	NA	NA ^c	0	41	

NA: not available.

- a. The data of the 16 women in CC+ metformin group were not reported. But the authors reported that of the 25 participants who received metformin along with CC, 80% complained of loss of appetite and 24% had nausea and vomiting. The 25 participants was composed of 16 women in CC + metformin group and 9 women who did not conceive with six cycles of CC alone (given CC + metformin for an additional six cycles) at their request for further treatment. b. Main gastrointestinal side effects were summarised in this table. This study also reported data on other specific side effects but not the data on overall side effects.
- c. The data of CC+metformin group was not reported. Three patients with metformin complained of nausea, dizziness, and headache.

Appendix 39 Congenital malformations in newborns conceived through letrozole vs control.

Study ID	Country	Study design	Congenital malformation	
			Control	Letrozole
Dehbashi 2009 ¹	Iran	RCT	CC: 16.6% (1/6) ^a	0% (0/10)
Ray 2012 ²	India	RCT	CC: 0% (0/13)	0% (0/20)
Roy 2012 ³	India	RCT	CC: 0% (0/21)	0% (0/39)
Legro 2014 ⁴	USA	RCT	CC: 1.5% (1/66) ^b	3.9% (4/102) °
Diamond 2015 ⁵	USA	RCT	CC: 4.3% (3/70) ^d	3.6% (2/56) ^e
Tulandi 2006 ⁶	Canada	observational	CC/CC+FSH: 4.8(19/397) ^f	Letrozole/Letrozole+FSH: 2.4% (14/514) g
Forman 2007 ⁷	Canada	observational	2.6% (7/271) ^h	0% (0/94)
Sharma 2014 ⁸	India	observational	CC:4.0% (10/251) ^I ;	2.5% (5/201) ^j
			Natural conception: 2.9% (5/171) ^k	
Wu 2016 ⁹	China	RCT	Berberine: 0% (0/48)	Letrozole alone: 1.2%(1/84) ¹ ;
				Letrozole+Berberine: 1.2%(1/81) ^m
Tatsumi 2016 ¹⁰	Japan	observational	Natural cycle IVF/ICSI: 1.9% (44/2287) ⁿ	Letrozole + IVF/ICSI: 2.2%(15/694)°

Details of congenital malformations in these studies:

- a. Meningomyelocele.
- b. Atrial septal defect (ASD), ventricular septal defect (VSD), and pulmonary stenosis.
- c. 1) Cerebral palsy with arrested hydrocephalus with polycythemia and neutropenia; 2) imperforate anus with perineal fistula and spina bifida with a tethered spinal cord; 3) right hemimegalencephaly, and dysgenesis of the left frontal and temporal lobes but no hydrocephalus; 4) large cardiac VSD requiring surgical repair.
- d. 1) Aortic arch hypoplasia; 2) Congenital hypothyroidism; 3) Renal duplicated right collecting system and ureterocele.
- e. 1) Hypospadias; 2)Right facial hemangioma; Biventricular hypertrophy; Bifid uvula; Small cataracts bilaterally; Widening of the corneal horizontal diameter.

f. Major malformations (12 cases): 1) VSD (4 cases); 2) Transposition of great vessels; 3) Atresia of pulmonary valve and right ventricle; 4) Pulmonary valve atresia; 5) Pyelectasis; 6) Omphalocele; 7) Cleft palate; 8) Spinal muscular atrophy; 9) Down's syndrome.

Minor malformations (7 cases): 1) Preauricular skin tag (2 cases); 2) Horseshoe kidney; 3) Polydactyly (3 cases); 4) Unspecific hypotonia.

- g. Major malformations (6 cases): 1) VSD; 2) Esophageal atresia; 3) Cleft palate; 4) Trisomy 18; 5) Down's syndrome; 6) Potter's syndrome.
- Minor malformations (8 cases): 1) Preauricular skin tag; 2) Congenital ptosis; 3) Plagiocephaly; 4) Hydrocele; 5) Hypospadia; 6) Polydactyly; 7) Syndactyly (2nd and 3rd toes); 8) Umbilical and inguinal hernias.
- h. 7 cases with major malformations but details not reported.
- i. 1) Patent ductus arteriosus (2 cases) and; 2) total anomalous venous connection; 3) Hypospadias (3 cases); 4) bilateral congenital talipus equino varus; 5) duplication of urethra; 6) cleft lip & palate; 7)inguinal hernia; 8)neural tube defect; 9) Down's syndrome (2 cases). Three babies with congenital heart disease were excluded from the analysis by the authors as they were born to diabetic mothers.
- j. 1) Combined ventricular and ASD; 2) paraumbilical hernia; 3) congenital deafness; 4) congenital talipus equino varus; 5) albinism.
- k. 1) VSD; 2) Congenital talipus equino varus; 3)cleft lip; 4) imperforate anus; 5)polydactyly.
- 1. Hydrocephalus.
- m. Major VSD and pulmonary stenosis.
- n. Major anomalies (34 cases): including chromosomal abnormalities (11 cases), cardiovascular abnormalities (13 cases) and musculoskeletal abnormalities (1 case).
- o. Major anomalies (13 cases): 1) ASD,VSD; 2)ASD,VSD, Down's syndrome; 3) Cleft lip without cleft palate; 4) Congenital hydronephrosis; 5) Diaphragmatic hernia; 6) Duodenal atresia; 7) Endocardial cushion defect, down syndrome; 8) Hypospadias; 9) Trisomy 18; 10) VSD (2 cases); 11)VSD, down syndrome; 12) Anencephalus.

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